



**Lesley**  
UNIVERSITY

**Graduate School of Arts and Social Sciences**

**Division of Counseling and Psychology  
Program Outcomes**

Upon completion of a master's program in the Division of Counseling and Psychology, graduates are expected to have gained the following competencies:

1. Professional counselor identity development integrating multicultural awareness, culturally competent counseling, and social justice advocacy interventions
2. Capacity for empathic engagement, therapeutic alliance, and critical self-reflection as a counselor including the recognition of personal worldview and biases to enhance working with diverse groups in school and community settings
3. Knowledge of cognitive, social, and emotional development across the lifespan including ecological, contextual, multicultural, and social justice foundations
4. Understanding of a variety of counseling theories, prevention, intervention, consultation, and social justice advocacy strategies
5. Knowledge of individual psychopathology, mental health assessment and diagnosis, as defined by classification systems such as Diagnostic Statistical Manual (DSM) and the International Classification of Disease (ICD) and their relationship to treatment, prevention and knowledge of cultural biases associated with these systems

6. Ability to conduct an intake interview, use biopsychosocial case conceptualization for treatment planning, and conceptualize and deliver a case presentation in both written and oral form
7. Knowledge regarding the use, limitations and interpretation of assessment tools with an awareness of the cultural bias in assessment protocols and use of assessment/evaluation instruments and techniques that foster social justice among diverse client populations
8. Skills for training, consulting, and collaborating with families, school personnel, and healthcare providers for education, systems change, and social justice advocacy
9. Understanding of ethical and legal professional standards of care grounded in federal and state laws, public policy processes, and ethical standards of ACA, AMHCA and ASCA
10. Knowledge of principles and practices of career counseling including the study of vocational/career development theories and decision making models; career assessment instruments and techniques, and the application of social justice theories to people's vocational/career development
11. Understanding of how to critically evaluate and interpret traditional and social justice oriented research and apply relevant research in counseling practice with the knowledge of cultural biases associated with research practice
12. Knowledge of group theory, effective group interventions, principles of group dynamics, group processes, and group leadership, and the application of group work theory and practice to organizational dynamics and social justice advocacy in difficult settings

13. Neuroscience, physical and biological foundations of human development, behavior and wellness; including the use of neuroscientific research findings for culturally competence counseling practices and social justice advocacy interventions
  
14. Completion of supervised field placement experiences that focus on the promotion of mental health, human development, wellness, cultural competency, and social justice advocacy, under the clinical supervision of appropriately credentialed professionals