Advanced Professional Certificate in Arts in Health (15 Credits)

For more information:
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The 15-credit Advanced Professional Certificate in Arts in Health is designed for mental health and health care professionals, human service professionals, social workers, psychologists, guidance and adjustment counselors, and others who are looking for innovative approaches to enhance their professional lives. The program offers specific training in the uses of different expressive therapy modalities and application to arts in health.

The clinical applications of dance, drama, visual art, poetry, writing, music, and expressive arts therapy are used in the care of patients at hospitals, community health centers, community programs, nursing homes, and numerous other health settings. The arts are also used to educate wider communities about the risk, prevention, and care for wide-ranging public health, environmental, and medical issues including: obesity, asthma, diabetes, HIV/AIDS, cancer, heart disease, and violence as a health epidemic as well as in wellness and preventative medicine programs.

This certificate is not intended for those who require full professional training for licensure or accreditation in the Expressive Arts Therapies specialization.

Required Courses		**CREDITS**
GEXTH/GCREA 5045	Arts and Healing	3
GEXTH/GCREA 6000	Arts and Health: Policy and Implementation	1
GEXTH/GCREA 6028	The Arts in Health: Cultural Context and Meaning	3
GEXTH/GCREA 6414	Cross Cultural Health Seminar	2
Elective Courses* (choose 2)		**12**
**This is a sampling of available electives*		
GEXTH 5036	Imaginal Psychology	3
GEXTH 5908	Transcultural Identity: Psyche, Soma, and Sojourning	
GEXTH 6032	Human Development Across the Lifespan	3
GCREA 6050	Creativity and Leadership	3
GCREA 6051	Creative Conflict Transformation	3
GCREA 6052	Spiritual Dimensions of Leadership	3
GEXTH 6208	Community and Therapeutic Applications of Drumming	3
GEXTH 6259	Movement and Healing: Dance Therapy	3
GEXTH 6360	Drawing from Within: A Studio Course	3
GEXTH 6400	Holistic Approach to Pain and Stress	3
GEXTH 6401	Holistic Approach to Life Threatening Illness	3
GEXTH 6411	Pain, Fear, and Stress Management	3
GEXTH 6412	Yoga and Therapeutic Touch	3
Total Credits		**15**

Accreditation:
Lesley University is accredited by the New England Association of Schools and Colleges, and authorized to offer degree programs in many states.

For more information, please visit our website lesley.edu/accreditation.htm

Please Note: Lesley University reserves the right to unilaterally add, withdraw, or revise any course offering in the above mentioned program of study including policies, provisions, requirements, and fees.

Lesley University is an Affirmative Action/Equal Opportunity institution and does not discriminate on the basis of age, race, religion, color, creed, national or ethnic origin, sex, sexual orientation, handicap or disability in its education programs, employment, or in admissions to, access to or treatment in its programs or activities.

Sample Course Descriptions

GEXTH/GCREA 5045

Arts and Healing

3 credits

This course explores and examines the role the arts have in healing as well as how they can facilitate the healing process and expand self-awareness.

GEXTH/GCREA 6414

Cross Cultural Health Seminar

2 credits

This course will examine the importance of social and cultural factors in the field of health, the interaction of health systems including western and non-western practices. Cultural relevance to direct care, the role of health organizations, and health care providers, and definitions of etiology of disease and illness will be reviewed.

For a full listing of course descriptions, refer to the Graduate Academic Catalog and Handbook: http://www.lesley.edu/provost/

GEXTH/GCREA 6000

Arts and Health: Policy and Implementation

1 credit

This course will present an overview of the current policies in the field of arts in health, how they have evolved, and potential directions for the future. This course will examine the importance of health policy decisions toward the formation of viable programs. Model programs that use arts in a variety of settings will be investigated as well as analyzing several new facilities that have been designed with the arts as an integral design feature.

GEXTH 6028

The Arts in Health: Cultural Context and Meaning

3 credits

This course looks at how health and illness are defined in many cultures, considering the central role of community, family, spiritual values, ritual and the arts in healing across cultures. Cross-listed with GCREA 6028.